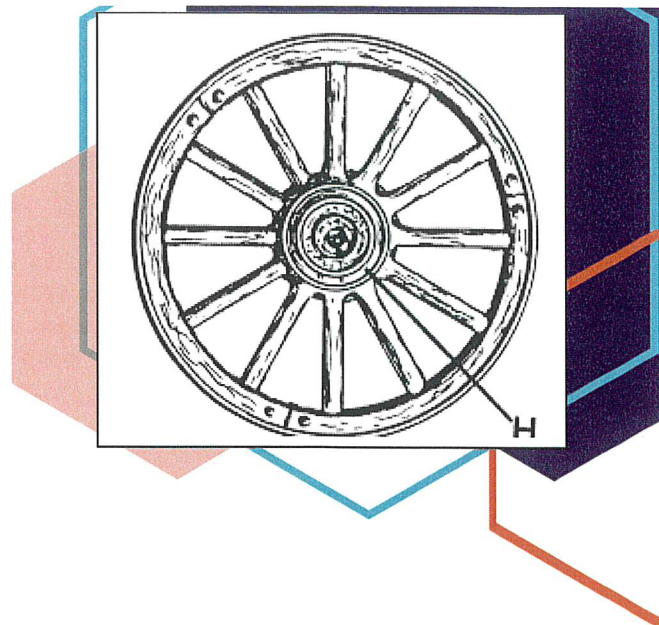


Big Meadows
Frontier Hollow
Lyndon Play and Learn Center
Lyndon Progress Center
Pinnacle Place
S.T.R.I.V.E.
Winning Wheels

THE HUB

AUGUST 2022



Primary Care – What is it and why is it important?

A primary care doctor is a family or general practice physician. It's recommended that everyone establishes with a primary care doctor and complete an annual physical to stay on top of your healthcare. A primary care doctor will oversee your medical needs and refer you to a specialist should the need arise.

Having an established primary care doctor is important because they monitor your health and make recommendations to keep you healthy. In the event that you are sick or injured, they are familiar with your health history and will oversee your care. It is also easier to get an appointment when you need to be seen if you're an established patient.

An annual visit with a primary care doctor can actually save you money. Most insurance plans cover an annual wellness exam and it can prevent costly health concerns in the future which also keeps health insurance premiums low for all of our group health plan members.

Why wouldn't you have a primary care doctor !?!?

If you need help finding a doctor accepting new patients contact your insurance company, they are a great resource to help you find in-network providers for your plan.



What's HAPPENING

Winning Wheels staff and residents water skiing with the Backwater Gamblers!



Prophetstown school supply give away



Winning Wheels team member picnic

August Team Member Birthdays and Anniversaries



Team Member	Birthday
Tim Lundquist	8/1
Michelle Boyer	8/1
Melodie Bailey	8/5
Allyson Wisely	8/6
Jaicyann Jacobs	8/6
Caitlin Holm	8/6
Amber Schaefer	8/7
Christina Barton-Howard	8/9
Lucy Zink	8/13
Breanna Luna Banuelos	8/13
Chelsea Klein	8/13
Brandon Anderson	8/15
Lynn Partello	8/19
Mike Chastain	8/20
Niki Strohmayer	8/21
Ann Spencer	8/22
Kimberly Hoefke	8/22
Geri Lundquist	8/23
Jairae Martinez	8/24
Janica Hummel	8/26
Aimee Bartel	8/27
Carlee Ballard	8/27
Diana Eppenstein	8/27
India Sipe	8/29

Team Member	Anniversary	Years of Service
Patrick McIntyre	8/2/2017	5
Allyson Wisely	8/30/2021	1
Maria Kempthorne	8/27/2019	3
Amber Dorathy	8/27/2019	3
Amber Frieberg	8/10/2015	7
Seana Clark	8/6/2017	5
Aimee Bartel	8/20/2019	3
Erin Seilhymer	8/24/2020	2
Lucca Sweetser	8/21/2021	1
Patricia Frye	8/21/2017	5
Talia Voss	8/19/2002	20
Suyi Lu	8/17/2019	3
Toni Williar	8/23/2010	12
Elizabeth Hinton	8/25/2020	2
Katrina Gerber	8/19/2013	9
Jonathan Jensen	8/5/2021	1
Myriah Drolema	8/31/2000	22
Gary Stephens	8/6/1997	25
Joseph Schoenwolf	8/25/2021	1
Hilary Dauphin	8/14/2013	9
Madison Parker	8/20/2018	4
Kalie Schmidt	8/25/2021	1
Kristy Vosberg	8/25/2021	1
Melodie Bailey	8/20/2019	3

The “Bug Guy” is Troy and he’s been with our organization for over twenty years!



Everyone who submitted an answer was entered in the drawing, our winner is

Sheila Huizenga!
Sheila won a Bluetooth speaker!



For August – what is the name of the dog that lives at Winning Wheels?

You just need to participate to be entered into our monthly drawing! You can email your guess to aschaefer@ahelpc.com

